

## Annual Remembrance Service

At CUMH, we hold an annual remembrance service in October. For many this service is an opportunity to acknowledge the loss of their pregnancy in a supported space with others who have experienced pregnancy loss.

## Prayer Room

There is a multi-denominational Prayer Room located on the ground floor of the hospital. If parents wish they can have the service for their baby in the Prayer Room prior to leaving for the Burial.

Everyone is welcome to spend some reflective time in this Prayer Room, which is open day and night.

## CUMH Contact details

CUMH Reception	021 492 0500
Ward 2 South	021 492 0628
Central Appointments	021 492 0600
Kinsale Road EPU	021 492 7441
Bereavement & Loss Team	087 3409839



## Sources of Information and Support

### Pregnancy and Infant Loss Website

[www.pregnancyandinfantloss.ie](http://www.pregnancyandinfantloss.ie)

This national website signposts bereaved parents and healthcare staff to support structures and knowledge about pregnancy and infant loss. It is intended for use by both parents and healthcare professionals and is an output of The National Standards for Bereavement Care Following Pregnancy Loss and Perinatal Death.

### Cork Miscarriage Website

<https://www.corkmiscarriage.com>

This local website is a resource for anyone who needs information and support about early miscarriage.

There is also a glossary of terms and links to additional resources for information and support.

### Pregnancy Loss Research Group Website

<https://www.ucc.ie/pregnancyloss>

The Pregnancy Loss Research Group is based at CUMH and led by Professor O'Donoghue. The group leads national research to better understand pregnancy loss experiences and impacts. The group have developed resources, evidence-based advice and interventions to improve healthcare and health and social outcomes for women, babies and their families.



# A Guide to Pregnancy Loss Services at CUMH



## This leaflet gives you additional information about the Pregnancy Loss services at Cork University Maternity Hospital (CUMH)

### Pregnancy Loss Services

The aim of these services is to provide you with an opportunity to discuss any concerns a woman/couple may have following pregnancy loss.

All women attending CUMH who experience pregnancy loss are welcome to make contact with:

- The bereavement and loss midwives
- The hospital chaplains
- The maternity social work service

### Bereavement and Loss Midwives

The bereavement and loss midwives are available to provide information and support on any aspect of pregnancy loss.

This can involve:

- Midwifery care
- Bereavement support
- Medical investigations and treatment
- Support in subsequent pregnancies
- Being a point of contact

### Bereavement and Loss Team Contact Details

Email: [cumh.bereavementloss@hse.ie](mailto:cumh.bereavementloss@hse.ie)

Phone: 087 3409839

The midwives are not always in a position to answer the phone, so leave a text or voicemail with your contact details.

### Hospital Chaplaincy

The chaplains are available to provide pastoral and spiritual counsel and support, regardless of religious beliefs. Religious services for staff, patients and their families are also available.

If you would like to meet or speak with one of the chaplains, please contact them through CUMH switchboard on **021 4920500**.

### Maternity Social Work Service

The Maternity Social Work Service provides professional support to individuals and couples who have experienced a pregnancy loss.

This service can be accessed directly by contacting the department on **021 4920567**. Alternatively, your healthcare provider may make a referral on your behalf.

### Ward 2 South

Ward 2 South cares for women at all stages of pregnancy loss from early miscarriage to late stillbirth.

Every support and assistance is offered to women/couples and their families during this difficult time by a dedicated team of professionals.

### Quiet Room

There is a Quiet Room on Ward 2 South where you can spend some precious and private time with your baby.

You can also bring other members of your family to this room.

### Pregnancy Loss Clinic

#### Consultants

Prof Keelin O'Donoghue

Dr Laura Linehan

Dr Anne Helps

#### Bereavement & Loss Specialist Midwives

Niamh Howard Jones and Orla O'Connell

Roisin O'Connor and Caroline O'Connor

#### Administrative support

Bernie O'Halloran Tel: **021 4920553**

The aim of this clinic is to investigate the medical causes of pregnancy loss and to provide information and support to women/couples who experience pregnancy loss. Your GP or Consultant will usually refer you to this clinic. All referrals received are reviewed by the team and then scheduled appropriately.

Clinics are held on Ward 2 South in CUMH and at the Early Pregnancy Unit in Kinsale Road and are staffed by all members of the pregnancy loss team.

At the clinic, a medical history is taken and the nature of the pregnancy loss experienced is explored. A number of investigations, such as blood tests and scans may be suggested. Plans for further pregnancy are discussed with a follow up visit sometimes required. If tests were done prior to your clinic visit then results and implications for the future will be discussed.

Women are welcome to bring their partner or another support person to the clinic.

Ongoing support is provided as needed, and/or in future pregnancies.